



2010 ACA-UNCA Undergraduate Research Symposium

Program Schedule

Friday, September 10, 2010

- 5:00 – 7:30 p.m. Registration/Check-in – Highsmith Union, Pinnacle
Light refreshments available
- 6:00 p.m. Welcome Remarks: *UNC Asheville Provost Jane Fernandes*
Highsmith Union, Alumni Hall
- 6:15 – 7:00 p.m. Dinner & Music – Highsmith Union, Alumni Hall
- 7:00 – 8:00 p.m. Plenary Session I: *Robert Johnson*
North Carolina Artist
Highsmith Union 221-224, Mountain Suites

Saturday, September 11, 2010

- 8:00 – 9:00 a.m. Breakfast – Highsmith Union, Alumni Hall
- 9:10 – 10:50 a.m. Oral Session I – Karpen Hall rooms 016, 034, 035, 112 & 243
- 11:00 – 11:50 a.m. Plenary Session II: *Dr. W. Keith Campbell*
University of Georgia, Department of Psychology
Highsmith Union 221-224, Mountain Suites
- 12:00 – 1:00 p.m. Lunch – Highsmith Union, Alumni Hall
- 1:00 – 2:40 p.m. Oral Session II – Karpen Hall rooms 035, 112 & 243
- 1:30 – 2:30 p.m. Poster Session – Karpen Hall 139, Laurel Forum
- 2:40 – 3:00 p.m. Hospitality/Break – Karpen Hall 139, Laurel Forum
- 3:00 – 4:20 p.m. Oral Session III – Karpen Hall rooms 034 & 035
- 3:00 – 4:30 p.m. Gallery Arts Session – Karpen Hall 139, Laurel Forum
- 4:30 p.m. Closing Remarks – Karpen Hall 139, Laurel Forum

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Welcome to UNC Asheville

On behalf of the 2010 ACA-UNCA Undergraduate Research Symposium Committee and the faculty, staff and students at the University of North Carolina Asheville, welcome to our campus! We hope you enjoy your stay in Asheville and take advantage of the opportunity to experience the best of Western North Carolina. Please let us know if you have any questions or need assistance during your visit. Feel free to visit the ACA-UNCA Symposium Check-In area in 3rd floor (Pinnacle) of the Highsmith Union for University and area information. Please see one of our Symposium staff for information and assistance during the conference. We hope you enjoy your stay!

We are pleased to host the student researchers who will present their work at the second ACA-UNCA Undergraduate Research Symposium at UNC Asheville. Participating students are also invited to publish their scholarship in the Symposium Proceedings, with selected research papers chosen for an online journal.

ACA-UNCA Partnership for Undergraduate Research

The ACA-UNCA Partnership for Undergraduate Research was established through a \$500,000 grant from the Andrew W. Mellon Foundation awarded to the Appalachian College Association (ACA) in 2008. The ACA-UNCA Partnership was formed to expand undergraduate research expertise and opportunities for faculty and students in the arts, humanities and humanistic social sciences at 36 colleges in Central Appalachia.

Mission Statement

The general mission of the Appalachian Colleges Association—University of North Carolina Asheville (ACA-UNCA) Partnership for Undergraduate Research is to develop region-wide strength in undergraduate research through:

1. Targeted institutional development,
2. Support for faculty-student projects, and
3. Symposia and publication outlets.

ACA-UNCA Faculty Institute on Undergraduate Research

The first phase of the ACA-UNC Asheville Partnership for Undergraduate Research provided for a three-day Faculty Institute on Undergraduate Research in June 2008 on the campus of the University of North Carolina Asheville to plan for the creation and expansion of Undergraduate Research (UR) activity and programs on individual campuses.

Institute topics included university-wide UR programs; models for UR; project development to support student-faculty collaborative UR projects; UR in the arts, humanities and humanistic social sciences; and interdisciplinary and community-based UR. The Institute helped teams learn more about UR in the arts, humanities and humanistic social sciences; to plan UR program expansion on their campuses; and to begin development of their own UR projects. Some sessions were also devoted to team-oriented undergraduate research projects and collaborative approaches to faculty-student mentorship.

The institute also provided teams with the opportunity to learn how to develop UR programs and offices; design UR projects; and lay out strategies for UR program enhancement and evaluation. Institute faculty members were drawn from UNC Asheville and the Council on Undergraduate Research (CUR).

This event initiated a two-year project to build capacity in undergraduate research at participating colleges and universities, as eight faculty teams from ACA-affiliated colleges and two faculty teams from UNC Asheville were funded to conduct team-designed, faculty-mentored undergraduate research projects.

Following the presentation of resulting student research projects at the 2009 Symposium, a second invitation was issued to faculty members at ACA-affiliated institutions and UNC Asheville to apply for funds to support undergraduate research projects for the following academic year.

Appalachian College Association (ACA)

The Appalachian College Association, headquartered in Berea, Ky., is a non-profit consortium of 36 private liberal arts colleges and universities in the central Appalachian region of Kentucky, North Carolina, Tennessee, Virginia, and West Virginia. Collectively, the ACA-member institutions serve some 42,500 students.

The Association helps develop and share ideas, information, programs and resources to achieve its goals, which include promoting cooperation and collaboration among its member institutions to serve the people of Appalachia through higher education and related services. The ACA functions independently of any one institution to serve all its members.



More important than who we are is what we have done and what we expect to do. Our primary efforts are directed toward strengthening our faculty by helping them stay current in their subject matter through graduate and post-graduate study and research; giving students research experiences that supplement their basic academic courses; and encouraging each institution to reach out in service to its community and region through a variety of programs.

The ACA developed from a grant-funded project at the University of Kentucky over a 10-year period between 1980-1989. In 1990, the ACA became an independent organization, with its own tax-exempt classification under Section 501(c)(3) of the 1986 Internal Revenue Service Code. The ACA's purpose is exclusively educational under this designation. Governance is by a board comprised of member college presidents and an executive committee, which is elected by the board each year.

Six research universities in the region (University of Kentucky, University of North Carolina, University of Tennessee, West Virginia University, University of Virginia, and Virginia Tech) are affiliated with the ACA. These institutions assist the ACA in reviewing grant and fellowship applications, conducting workshops and providing technical assistance.

The assets of the ACA have grown from less than \$1 million to over \$28 million due primarily to the generosity of the foundations that have continued to fund its programs to benefit central Appalachia.

UNC Asheville

The University of North Carolina Asheville was founded in 1927 as Buncombe County Junior College for area residents interested in pursuing their educations beyond high school. The school underwent several name changes, merges with local governments and school systems, and moves across Asheville, and in 1957 Asheville-Biltmore College, as it was then called, became the first two-year institution in North Carolina to qualify as a state-supported community college.



The college relocated in 1961 to its present site, 265 scenic acres one mile north of downtown Asheville. Two years later it became a state-supported senior college under a new board of trustees, and in 1966 awarded its first baccalaureate degrees in liberal arts disciplines. In 1969 Asheville-Biltmore College joined The Consolidated University of North Carolina as the University of North Carolina at Asheville, with the distinct mission to offer an undergraduate liberal arts education of superior quality. In 1972, the Consolidated University added 10 other state-supported senior institutions to form the current 16-campus University of North Carolina system. Today, UNC Asheville is the only designated liberal arts university in The University of North Carolina system and one of only six public universities in the country classified as national liberal arts universities (Liberal Arts I).

UNC Asheville's reputation as a high-quality public liberal arts university extends beyond the state. UNC Asheville has received national recognition for its integrative approach to the liberal arts, specifically its Undergraduate Research and Humanities programs. The noteworthy combination of innovative academic programs, interdisciplinary study and low cost draws praise from the national college guidebooks annually.

The popular *Fiske Guide to Colleges* ranks UNC Asheville among its top 20 Best Buys in public higher education, saying, "The University of North Carolina at Asheville offers all the perks that are generally associated with pricier private institutions: rigorous academics, small classes and a beautiful setting. And it does it for a fraction of the cost. All the ingredients for a superior college experience lie in wait at Asheville: strong academics, dedicated professors and an administration that continues to push for excellence." *The Princeton Review: the Best 311 Colleges*, lists UNC Asheville in this select group, saying, "For students who seek a public education in a smaller campus environment, this is a great choice." And *U.S. News & World Report's* annual college rankings places UNC Asheville fourth in the nation among public liberal arts colleges.

Undergraduate Research at UNC Asheville

From its modest beginnings in the early 1970s, UNC Asheville's Undergraduate Research Program has pioneered the strategy of engaging students in collaborative research, with the opportunity to present results and to publish their work in national journals. This intensive level of research, usually reserved for the graduate level, is available to all students at UNC Asheville through the Undergraduate Research Program.

Our bold, imaginative faculty and students organized the first National Conference on Undergraduate Research (NCUR) in 1986 and hosted the second annual conference in 1987. Thanks to these enterprising students and professors, the conference has expanded annually, rotating to different colleges and universities around the country. NCUR returned to UNC Asheville for its 10th anniversary in 1996 and its 20th anniversary in 2006, bringing together more than 2,000 of the best and brightest student researchers from the U.S. and beyond.



Welcome from the Chancellor



Welcome to the ACA-UNCA Undergraduate Research Symposium at the University of North Carolina Asheville. Ours is a campus where students' intellectual and creative energies thrive in an atmosphere of intellectual curiosity, regular faculty mentorship, diverse ideas, and student engagement. We are proud to host the member institutions of the Appalachian College Association in this celebration of research, creativity and scholarship, and honored to welcome you into our vibrant community of scholars. As you enjoy the wide variety of research presentations prepared by students, you will be reminded, as I am each year, that we are participating in the evolution of tomorrow's great leaders, teachers, scholars, researchers and problem-solvers. Welcome to our beautiful campus, to Asheville and to Western North Carolina.

Chancellor Anne Ponder
University of North Carolina Asheville

2010 ACA-UNCA Staff & Advisory

Dr. Mark Harvey, Director
UNC Asheville Department of Psychology
Director, Undergraduate Research Program

Holly Beveridge, Coordinator
UNC Asheville
Director, Cultural Events & Special Academic Programs

Dr. Ed Katz, Advisory Committee
UNC Asheville Associate Provost

Dr. Paul Chewning, Advisory Committee
President, Appalachian College Association

Dr. Irene Burgess
Vice President for Academic Programs, Appalachian College Association

Kim Gardner, Advisory Committee
Program Manager, Appalachian College Association

Acknowledgements

The 2010 ACA-UNCA Staff and Advisory Committee would like to offer our special thanks and appreciation to the following people who were instrumental in the planning, organization, implementation and support of the 2010 ACA-UNCA Undergraduate Research Symposium:

Maggie LaBold, *Chartwell's Catering*
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Mila Lemaster, *Undergraduate Research*
Corinne Longman, *Cultural Events & Special Academic Programs*

Travis Butler, *Printing Services*
Corey McClintock, *Undergraduate Research*
UNC Asheville Highsmith Union Staff
UNC Asheville Public Safety
UNC Asheville Faculty Session Moderators

General Information

FRIDAY EVENING RECEPTION, DINNER & PLENARY ADDRESS

Join us Friday evening for a welcome dinner and music reception featuring a Mediterranean buffet, followed by a plenary address by guest speaker and noted artist Robert Johnson. Dinner reception begins at 6:00 p.m. in the Highsmith Union's Alumni Hall with a Welcome from UNC Asheville and will be followed by Robert Johnson's talk at 7:10 p.m. in the Mountain Suites.

SATURDAY MORNING BREAKFAST

A full breakfast buffet will be served Saturday morning beginning 8:00 a.m. in the Highsmith Union's Alumni Hall.

SATURDAY LUNCH

An Italian pasta buffet lunch will be served Saturday, from noon to 1:00 p.m. in the Highsmith Union's Alumni Hall.

TRAVEL REIMBURSEMENT PROCEDURES

Friday dinner and Saturday breakfast, hospitality and lunch are included with each Symposium registration. For reimbursement of symposium-related travel and meal expenses, please refer to the form in your packet. Additional forms are available at the Check-in Table and on the website at www.aca-unca.org. You will be required to mail in all of your actual travel receipts along with the form in order to be reimbursed after the Symposium.

SYMPOSIUM PROCEEDINGS

One benefit of presenting at the ACA-UNCA Undergraduate Research Symposium is the opportunity for students to publish their work in the Symposium Proceedings, edited and produced by the University of North Carolina Asheville. All student presenters at the Symposium are invited to submit manuscripts for review by the Proceedings Board. Submitting work to the Proceedings has many advantages, two of which are deemed especially important: [1] the opportunity to receive comments from faculty outside your college or university, thereby enhancing the paper for submission to other sources in your field, and [2] the opportunity to list your publication on your resume for graduate and professional school applications. For more information, please visit the Proceedings desk located next to Registration/Check-In in the 3rd floor (Pinnacle) of the Highsmith Union. You may also visit the website at www.aca-unca.org

CAMPUS MAP

A campus map is located on the back cover of this program book.

PARKING

Individuals and groups traveling in standard cars or vans may park in any available green or white space. Additional parking is available in Lot 7a located behind Zeis Hall and Lot C. Vehicles may not park in orange service spaces, 15-minute spaces or handicapped spaces (without a permit). Buses and oversized vehicles may drop off and pick up students in front of the University Dining Hall near the Highsmith Union. Large bus and oversized vehicle parking is available in Lot A.

HANDICAPPED PARKING AND TRANSPORTATION

Several handicapped parking spaces are available throughout campus and near the registration area. Participants in need of special assistance should notify symposium staff at the ACA-UNCA table located in the Highsmith Union.

MOBILITY

All conference areas are wheelchair accessible. If assistance is needed, please notify symposium staff at the ACA-UNCA table located on the 3rd floor (Pinnacle) of the Highsmith Union.

EMERGENCY CONTACT INFORMATION

In case of a medical emergency, please dial 911 immediately and provide your location. In case of other emergencies, please contact UNC Asheville campus police at 828/251-6710 or use any of the emergency call boxes located on kiosks throughout campus.

Session Information

ORAL SESSIONS *Oral Sessions are held in Karpen Hall on Saturday.*

Oral presentations are fifteen (15) minutes in length, followed by a five (5) minute question and answer period. Presenters should adhere to the presentation order they have been assigned. If a specific presenter does not show up for his or her scheduled session, the group may take a short break until the next presentation is scheduled to begin. Your session moderator will make this determination. Oral presentations are held in smart classrooms which contain a Windows PC with standard Microsoft Office programs and an LCD projector. If you experience any technical difficulties, please inform your session moderator who will contact symposium staff.

An oral presentation practice room is available in Karpen Hall 244.

POSTER SESSION *The Poster Session is held in Karpen Hall's Laurel*

Forum on Saturday. Poster presenters should check in at the poster session thirty (30) minutes in advance. Presenters must stand near their posters and be available to discuss their research during their assigned one-hour session.

GALLERY ARTS SESSION *The Gallery Arts Session is held in Karpen Hall's Laurel*

Forum on Saturday. Gallery Arts presentations are ten (10) minutes in length, followed by a five (5) minute question and answer period.

PROFESSIONAL COURTESY

The ACA-UNCA Undergraduate Research Symposium offers an opportunity for participants to observe, learn and practice professional etiquette common to all the disciplines. Presenters and other attendees should remain in the room after presenting their own research for Q&A. Presenters should remain in their room for the full allotted time period to hear the other presenters in their session. All presenters deserve the same full audience and respect. Please be sure that all cell phones are turned off. Text messaging is prohibited during the sessions.

Plenary Session Speakers

Friday, September 10, 2010 ~ 7:10 pm – 8 pm
Highsmith Union, Mountain Suites



Robert Johnson

Artist
North Carolina

Through his visual storytelling, Robert Johnson paints subject matters ranging from the destruction of our natural world to the peaceful and poetic splendor of our earth. He received his BS degree from the University of Louisville and his MFA from Mills College in California. He has been awarded a number of grants, including a National Endowment for the Arts/Southern Arts Federation Grant, that funded several worldwide explorations. His work has been shown at the North Carolina Museum of Art, Morris Museum of Art, Chrysler Art Museum and the Asheville Art Museum.

Saturday, September 11, 2010 ~ 11 a.m. – 11:50 a.m.
Highsmith Union, Mountain Suites

W. Keith Campbell, Ph.D.

University of Georgia
Department of Psychology



Uncovering the Narcissism Epidemic

Is this country experiencing an epidemic of narcissism? Dr. Keith Campbell will present evidence that narcissism has increased at both the individual and cultural level. Causes of this epidemic will be discussed, including economic changes, parenting and social media. Dr. Campbell outlines several consequences of this epidemic, ranging from rates of cosmetic procedures to public violence, and concludes with a discussion of how the narcissism epidemic might operate in the coming economic environment. Dr. Campbell is an associate professor in the Social Psychology Program at the University of Georgia. He holds a B.A. in psychology from the University of California-Berkeley, an M.A. in clinical psychology from San Diego State University, and a Ph.D. in social psychology from the University of North Carolina-Chapel Hill. He has researched and published numerous articles on narcissism and the books *When You Love a Man Who Loves Himself: How to Deal With a One-Way Relationship* (2005) and *The Narcissism Epidemic: Living in the Age of Entitlement*.

Friday, September 10 ~ Evening Events

- 5:00 – 7:30 p.m. Registration/Check-in – Highsmith Union, 3rd floor
- 6:00 p.m. Welcome Remarks – Highsmith Union, Alumni Hall
- 6:15 – 7:00 p.m. Dinner & Music – Highsmith Union, Alumni Hall
- 7:10 – 8:00 p.m. Plenary Session I: Robert Johnson – Highsmith Union
Mountain Suites (221-224)

Saturday, September 11, 2010
Symposium Schedule

BREAKFAST (8:00-9:00 a.m.)
Highsmith Union, Alumni Hall

ORAL SESSION I (9:10-10:50 a.m.)

Literature, Rhetoric, Art History, Globalization ~ Karpen Hall 016 ~ Moderator: Tracey Rizzo

9:10-9:30 a.m. *The Importance of Regional Literature in Three Counties of Western North Carolina*, Kristina Blackford, Mars Hill College

9:30-9:50 a.m. *The End Times in Three Appalachian Novels: Mythos and Fact*, Aaron McCollum, Union College

9:50-10:10 a.m. *Goiter or Goitre: A Shift in Language, Culture, and Medicine*, Alex Cogdell, Lindsey Wilson College

10:10-10:30 a.m. *Depictions of Artemis and Memnon Demonstrates the Effect Ethiopians Had in Greek and Roman Culture*, Jessica Moses, Tennessee Wesleyan College

10:30-10:50 a.m. *And She Was: Ethnopoetics on Women in Asheville, North Carolina*, Sumita Dutta, University of North Carolina Asheville

Literature, Education, Rhetoric, Women's Studies ~ Karpen Hall 034 ~ Moderator: Irene Burgess

9:10-9:30 a.m. *The Use of Multicultural Activities to Learn About Different Heritages*, Alyssa Turnage, Tennessee Wesleyan College

9:30-9:50 a.m. *Tuning Into the Public Expressions Concerning Abortion*, Marla Sutherland, University of North Carolina Asheville

9:50-10:10 a.m. *References to Race in the Southern Medical Journal: How Changes in Language Equate to Changes in Treatment*, Sarah Smith, Lindsey Wilson College

10:10-10:30 a.m. *The Importance of Regional Literature in the Public School Curriculum of Western North Carolina*, Cathryn Hughes, Mars Hill College

10:30-10:50 a.m. *Death by Eminent Domain: Creating the Great Smoky Mountains National Park in Two Recent Novels*, Darrin Greene, Union College

2010 ACA-UNCA UNDERGRADUTE RESEARCH SYMPOSIUM

Religious Studies ~ Karpen Hall 035 ~ Moderator: Ken Betsalel

9:10-9:30 a.m. *My Quilting Experience*, Marissa Mckie, Lincoln Memorial University

9:30-9:50 a.m. *Western North Carolina Women: Community-Specific Solutions to Local Issues*, Katie Sue Campbell, University of North Carolina Asheville

9:50-10:10 a.m. *Self-Discovery and the Appalachian Trail*, Juan Lopez, Bluefield College

10:10-10:30 a.m. *Hawk's Nest: Power, Greed, and the Low Price of a Human Life*, Kalyn Metz, Union College

10:30-10:50 a.m. *The Bascom Lamar Lunsford Festival: A Festival for the Musicians*, Megan Weaver, Mars Hill College

History, Globalization, Literature ~ Karpen Hall 112 ~ Moderator: Alice Weldon

9:10-9:30 a.m. *Exile's Return: The Ubi Sunt Myth in Three Appalachian Books*, Nicole Jeck, Union College

9:30-9:50 a.m. *Land Acquisition by TVA on Norris Basin in Tennessee*, Noah Patton, Lincoln Memorial College

9:50-10:10 a.m. *Hiking to Self-Discovery: An Analysis of the Liminal Qualities of Hiking the Appalachian Trail*, Mallory Taylor, Ferrum College

10:10-10:30 a.m. *Embodying Cultures: Rethreading Meanings of Tibetanness in Dharamsala, India*, Brittany Davis, University of North Carolina Asheville

10:30-10:50 a.m. *Myths and Legends of the Ptolemaic Age*, Amber Jones, Tennessee Wesleyan College

Craft Art, Documentary, Music ~ Karpen Hall 243 ~ Moderator: Brent Skidmore

9:10-9:30 a.m. *Preserving the Art of Necessity: Traditional Appalachian Quilting*, Lori Bowers, Lincoln Memorial University

9:30-9:50 a.m. *A Comparison of Two Western North Carolina Traditions of Chair Making: The Woody Chairs of Spruce Pine, NC (Mitchell County) and the Mace Chairs of Mars Hill, NC (Madison County)*, Savannah Garrison, Jaimie Little, Mars Hill College

9:50-10:10 a.m. *The Evolution of Quilting in Madison, Yancey, and Mitchell Counties in Western North Carolina: From Utility to Craft to Art*, Jaimie Little, Savannah Garrison, Mars Hill College

10:10-10:30 a.m. *Bringing Worlds Together Through Video: Documenting Traditional American Quilt Making as a Link Between Appalachia's Past and Present Cultures*, Moriah Johnson and Sarah Watkins, Lincoln Memorial University

PLENARY SESSION II (11:00 a.m.-12:00 p.m.)
Higsmith Union, Mountain Suites

LUNCH (12:00-1:00 p.m.)
Highsmith Union, Alumni Hall

ORAL SESSION II (1:00-2:40 p.m.)

Art History, Literature, Community, Women's Studies ~ Karpen Hall 035 ~ Moderator: Ken Betsalel

1:00-1:20 p.m. *The Perception of Beauty in Ancient Greece Regarding Black Africans: Lekythos, Kantharos, and Aryballos Vase Depictions*, Savanna Donnelly, Tennessee Wesleyan College

1:20-1:40 p.m. *If You See Me Comin' Better Step Aside: Identity Politics in Popular Miner's Songs*, Bradley Nelson, Morgan Baker, Union College

1:40-2:00 p.m. "If There is Ever a Dire Need:" *The Uses of Story in Building Community, Civic Education and Community Service Learning*, William Carrington and Ashley Pearce, University of North Carolina Asheville

2:00-2:20p.m. *Traditional Livelihood and Modern Infrastructure: The Case in Two Classic Appalachian Novels*, Jennifer Burke, Union College

Psychology, Literature, Music ~ Karpen Hall 112 ~ Moderator: Mark Harvey

1:00-1:20 p.m. *Gender Similarities in Personality Characteristics*, Kallie Tinnel, Allen McNeece, Andrew Tallent, Tennessee Wesleyan College

1:20-1:40 p.m. *Women Talk Back to Mountaintop Removal: Four Recent Novels*, Juleda Hyde, Union College

1:40-2:00 p.m. *Veteran's Community Arts Project Evaluation*, Heather Buckner, Elisa Horrocks, Rebecca Smith, University of North Carolina Asheville

2:00-2:20 p.m. *Kathy Mattea's "Lawrence Jones": A Metaphor for Hard Times in the Mountains*, Lori Bargo, Union College

2:20-2:40 p.m. *History and Human Freedom in MacIntyre, Thompson, and Dostoevsky*, Robert Duncan, Marie Smith, Lenoir-Rhyne College

Regional-Community Studies ~ Karpen Hall 243 ~ Moderator: Lise Kloeppe

1:00-1:20 p.m. *Surveying the Appalachian Trail's Impact on Participants in Relation to Self-Discovery and Sustainability*, Rachel Thomas, Ferrum College

1:20-1:40 p.m. *Tobacco Farmers in Transition: The Community and Farming Life in Madison and Yancey Counties After the Tobacco Buyout*, Katie McCannon, Mars Hill College

1:40-2:00 p.m. *Girl Power!: Identity, Agency, and Public Performance*, Sarah Erickson, University of North Carolina Asheville

2:00-2:20p.m. *Lives Timed Out: Temporariness as an Appalachian Value*, Jessica Burke, Union College

2:20-2:40 p.m. *Bringing Quilt Making Back to Life*, Katelynn Riordon, Lincoln Memorial University

POSTER SESSION (1:30-2:30 p.m.)

Laurel Forum ~ Karpen Hall 139

***Black Mountain Breaking Down: Coal Camp Literature When Times Get Hard*, Heidi Marsh and Derrick Herron, Union College**

***National Forests and Sustainability: Do Visitors Really Care About Saving the Planet? A Comparative Study of the Sustainable Practices of Visitors to Pisgah National Forest and Cherokee National Forest*, Darrell Neely, Jacob Richardson, and Mike Holder, Brevard College**

***National Forests and Sustainability: Do Visitors Really Care About Saving the Planet? Data Analysis*, Miro Mustonen and Derek Church, Brevard College**

***Mental Health: Exploring Women's Treatment Protocols in Psychiatric Wards*, Elisa Horrocks, University of North Carolina Asheville**

GALLERY PRESENTATIONS (3:00-4:30 p.m.)

Laurel Forum ~ Karpen Hall 139 ~ Moderator: Mark Harvey

3:00-3:15 p.m. *E.O. 9066 Diptych*, Merriam Krahala, Tennessee Wesleyan College

3:15-3:30 p.m. *Killer Caves*, Cassie Swinney, Tennessee Wesleyan College

3:30-3:45 p.m. *Genocide Diptych*, Brittany Rothfolk, Tennessee Wesleyan College

3:45-4:00 p.m. *Appalachian Trail-A Self Discovery Through the Visual Arts*, Amanda Parks, Bluefield College

4:00-4:15 p.m. *One Cell in the Sea*, Megan Snellgrose, Tennessee Wesleyan College

4:15-4:30 p.m. *Untitled Painting*, Savanna Donnelly, Tennessee Wesleyan College

ORAL SESSION III (3:00-4:40 p.m.)

Art History, Environmental, Literature, Rhetoric, Gender ~ Karpen Hall 034 ~ Moderator: Marcia Ghidina

3:00-3:20 p.m. *UNCA Limelight Project: Electrifying Community Performance Illuminating UNCA Energy Use*, George Martinat, University of North Carolina Asheville

3:20-3:40 p.m. *Art Lives: Egyptian and Greek Social and Economic Activities as Exemplified in the Tomb Painting of Beni Hasan and Column Krater Greek Attributed to Lydos*, Sara Birgen, Tennessee Wesleyan College

3:40-4:00 p.m. *Hay Fever: How a Term from Folk Medicine Has Given Way to Biomedicine in the American South*, Amber Kemp, Lindsey Wilson College

4:00-4:20 p.m. *Queering Masculinities: Voices of a Gen(d)eration*, Kelly Doyle, University of North Carolina Asheville

4:20-4:40 p.m. *A Move from Observation to Celebration: The Representation of Black Africans in Art from 1st Century Pompeii and 20th Century America*, Tiffany Ewing, Tennessee Wesleyan College

Psychology, Recreation ~ Karpen Hall 035 ~ Moderator: Alice Weldon

3:00-3:20 p.m. *Even the Dead Must Adapt: Invasive Modernity in Four Appalachian Texts*, Jonathan Fields, Union College

3:20-3:40 p.m. *Folk Medicine, Biomedicine, and Mental Illness: The use of “Psychic” in the Southern Medical Journal*, Rachel Carr, Lindsey Wilson College

3:40-4:00 p.m. *Mathematics and Anxiety: Similarities and Differences between Genders*, Hailey Bryant and Stephanie Breeden, Tennessee Wesleyan College

4:00-4:20 p.m. *The Food Environment on a University Campus: Current Initiatives, Benefits, and Guidelines for the Promotion of a Healthy Food Environment on the Campus of the University of North Carolina Asheville*, Monica Combs, University of North Carolina Asheville

ABSTRACTS

"If There is Ever a Dire Need": The Uses of Story in Building Community, Civic Education and Community Service Learning, William Carrington, Ashley Pearce, University of North Carolina Asheville

ABSTRACT: Our project reports on the use of a collaborative community newsletter to build community. According to Robert D. Putnam and others American communities face a ongoing crisis of civic apathy and lack of the necessary social capital in order to accomplish positive social change. Based on interviews, historical documents and participant observation this project explores how the writing of a newsletter and the stories contained within it can be used to develop and facilitate communication within one neighborhood. We, as university students and faculty, have created a community newsletter in collaboration with a West Asheville neighborhood, Burton Street. From this newsletter, we have identified the role that politics plays in storytelling, as well as how effective it is to use stories in leadership collaboration. We have also examined how different groups and interests are represented in the newsletter, how power was used in putting the newsletter together, and how the newsletter represents different power groups in the community. A number of problems like the relationship between the university and the community, the effectiveness of newsletters, how to generate participation, what stories have an impact, and what stories people are willing to tell are also explored. Through the examination of Aristotelian argument (Logos, Ethos, and Pathos), literature pertaining to community building and the nature of community, as well as true community involvement, this paper discusses the role of listening and understanding stories from different angles, and how a newsletter can be a site of mutual understanding. Through the use of quantitative research and qualitative ethnographic fieldwork, storytelling, in the public realm, becomes the revelator of the virtues and shortcomings of reaching social justice and how to bring diverse groups of people together through mutual understanding.

Karpen Hall 035, Saturday, September 11, 1:00-2:40 p.m.

A Comparison of Two Western North Carolina Traditions of Chair Making: The Woody Chairs of Spruce Pine, NC (Mitchell County) and the Mace Chairs of Mars Hill, NC (Madison County), Savannah Garrison, Jaimie Little, Mars Hill College

ABSTRACT: When early settlers came to the rural areas of western North Carolina, they often made their own furniture or purchased items from neighbors who had some skills in woodworking. Both the Woody and Mace families trace the original acquisition of their skills for making wood chairs that are both sturdy and comfortable back to England. In America such skills were traditionally passed down from father to son, and through these transitions over time, different woodworking techniques developed the unique characteristics that separate the Woody and Mace chairs from each other. In Madison County, the Mace family made Southern mountain settin' chairs from just after the Civil War to the 1970s, while in Mitchell County the Woody family still continues through seven generations their tradition of making ladderback chairs. Both Mace and Woody chairs are exhibited in the Folk Art Center in Asheville, NC and have been recognized as collector pieces for both craftsmanship and art. This study compares the two different chairs and the families that made them. Information has been gathered from exhibits, published materials, and interviews.

Karpen Hall 243, Saturday, September 11, 9:10-10:50 a.m.

A Move From Observation To Celebration: The Representation of Black Africans in Art From 1st Century Pompeii and 20th Century America, Tiffany Ewing, Tennessee Wesleyan College

ABSTRACT: The purpose of this paper is to show that black Africans are more integrated into society in the 20th century than they were in the 1st century. This can be seen in how black Africans are represented in both centuries. In the Pompeian art, black Africans are represented as different and are mainly represented in the jobs they were employed in at that time, such as bath-attendants. There is a sense of curiosity in the differences of appearance, and therefore in the representations of black Africans. In looking at the pieces from the 20th century, black Africans seem to be integrated into society by the way they are now represented in art. There is more of a celebratory depiction in the 20th century artworks. Black Africans are seen as among the people, not separate from the people. Comparing the Pompeian 1st century art fresco Apotheosis of Alexandria Enthroned Between Asia and Africa, the mosaic Black Bath-Attendant, and Vase in the Form of a Negro Head, to the American 20th century painting *Eva Green* by Robert Henri, an untitled photo of an African American man from the book of photos "Many Are Called" by Walker Evans, and *Nocturne Navigator* by Alison Saar, illustrates that black Africans are more integrated into society now.

Karpen Hall 034, Saturday, September 11, 3:00-4:40 p.m.

And She Was: Ethnopoetics On Women In Asheville, North Carolina, Sumita Dutta, University of North Carolina Asheville

ABSTRACT: By 'listening' to place, this project is an effort to create ethnopoetic accounts that propound the identities of women in Asheville and surrounding areas in Western North Carolina. Seeing this place—and places within place—as a field, I will use participant-observation to illustrate a thickness, perhaps even too strained to be placialized. Using an anthropology of place to understand the involvedness of identity construction is the basis of this project. Though ethnopoetics as a form has been typically of the 'cross-cultural' variety, this project reexamines both the practice and the range of 'difference' reverberated by globalization, and to see culture as "a 'thing' that is not self-identical with itself." Anthropologist Kathleen Stewart writes, "imagine how narrator and audience find themselves in the space of a double, haunting epistemology that comes of speaking from within the object spoken of." The use of ethnopoetry to guide a feminist anthropology that sees mutuality in women-place relations elaborates a suggestion, a 'how-ing' that holds both narrative insistence and is rounded by its poetic connotations. How does the convolution that 'women have no land' reverberate against these women? The collection of poems to come from this process is intended to be a celebration, both subversive, provocative and warming, that engage the stories of women through their sharing of place.

Karpen Hall 016, Saturday, September 11, 9:10-10:50 a.m.

Appalachian Trail - A Self Discovery Through The Visual Arts, Amanda Parks, Bluefield College

ABSTRACT: Transforming personal experience into visual form is one way artists enter a journey of self discovery. Thomas Cole explored the Hudson River landscape and was deeply affected by its power and beauty which he illuminated in his work. George Catlin left his familiar lifestyle in Pennsylvania to explore the Native American culture and visually document what he discovered. In a similar view, hiking the Appalachian Trail offers an artist the opportunities for self-discovery. The primary focus as an artist was the discovery of how the natural world influences and transforms the artist and their work. The creation of a

series of art works for exhibit explores the metamorphosis of artist vs. self vs. nature. Discoveries of fears of hiking alone and how to overcome those fears were realized by better understanding the natural world. Mental toughness was strengthened through these discoveries and methodologies. Journals were utilized as an outlet for discovery by sketching and writing on site. The artwork produced incorporates a variety of materials using natural properties. For example, some of the pieces use hand-made papers from birch bark and plant pulp. Other natural materials such as slate and wood are used in place of canvas. The impressions and textures of these objects, even after the impact of paint and brush, maintain their natural beauty. Hiking the Appalachian Trail and exploring the forest provided the opportunity to focus on these self-discoveries while the bustling world beyond the tree line was out of sight.

Karpen Hall, Laurel Forum 139, Saturday, September 11, 3:00-4:30 p.m.

Art Lives: Egyptian and Greek Social and Economic Activities as Exemplified in the Tomb Painting of Beni Hasan and Column Krater Greek Attributed to Lydos, Sara Birgen, Tennessee Wesleyan College

ABSTRACT: Egyptian and Greek civilizations have been very influential to the modern world. People created images of what they did in their everyday life with vast talent; their minds and hands created works that seemed limitless. These images changed with every stage of advancement and eventually ended up with a series of events preserved either in writing or art work. In trying to unravel the past events of the ancient world the historians have relied so much on these works to interpret the practices that surrounded the early civilizations. Art became a tool of rediscovering the civilizations that would otherwise be lost if no event was put into a work of art. The images created show a society that is organized and focused to improve their livelihood. Farming, animal keeping, trading and war are some of the events that we find in the art of the early civilizations of ancient Greece and Egypt. To the historians and archeologists, art has played a role in finding the social and cultural practices of Egyptians and Greeks and their interaction to the outside world in the ancient times. Therefore without art ancient civilizations history of Egypt and Greece does not exist.

Karpen Hall 034, Saturday, September 11, 3:00-4:40 p.m.

Black Mountain Breaking Down: Coal Camp Literature When Times Get Hard, Derrick Herron, Heidi Marsh, Union College

ABSTRACT: The National Trust for Historic Preservation recently included Benham and Lynch, Kentucky among its Most Endangered Historic Places. This poster develops that inclusion as an allegory for threats to other coal communities in Appalachia. Created in response to industrialization, these communities struggle when industry leaves or, in the case of Benham and Lynch, when industry returns in the pernicious form of the surface mining of Black Mountain. The poster thus presents thematically-related literary texts that prematurely eulogize coal camps that, like Benham and Lynch, are threatened with eradication.

Karpen Hall, Laurel Forum 139, Saturday, September 11, 1:30-2:30 p.m.

Bringing Quilt Making Back to Life, Katelynn Riordon, Lincoln Memorial University

ABSTRACT: Throughout time, quilt making has been very popular in many places. Appalachia is one area that has a long history of making quilts. While learning how to make a quilt, my class mates and I talked to many people about how they came to learn the craft.

Most of the answers the experts gave were “from my mother or grandmother.” When we asked these quilters if any of their children had learned how to quilt, they said no. Since quilting is a dying art, I was inspired to learn how to do this wonderful craft. In doing this project, I wanted to be able to show young people that quilt making can be fun. I chose a traditional Appalachian quilt pattern but I made it my own by choosing “crazy” out of the box non-traditional colors for my quilt. In the beginning, I thought that making a quilt was going to be boring but it turned out to be a great learning experience and I actually had a lot of fun.

Karpen Hall 243, Saturday, September 11, 1:00-2:40 p.m.

Bringing Worlds Together Through Video: Documenting Traditional American Quilt Making as a Link Between Appalachia's Past and Present Cultures, Moriah Johnson, Sarah Watkins, Lincoln Memorial University

ABSTRACT: The Crafts to Culture project at LMU brought together a rather large number of students with varying talents and degrees of experience. The project sought to make the most of this diverse gathering of students in order to better understand the significance of traditional Appalachian crafts in today's culture. One of the most valuable portions of the project was video documenting the traditional craft as it were being crafted. It was essential we preserved this valuable art form due to today's quickly shifting cultural environment. As outside influences continue to erode interest among younger generations, traditional crafts styles, as well as the secrets of material gathering and production, are slowly being lost. In an effort to slow this loss, the Crafts to Culture project participants focused on the disappearing art craft of traditional quilt making. Quilt crafters Sheryl Davis and Cathy Loop formed the center of our project and provided valuable insight into both the physical aspects of quilt making, and quilts historical value and use. Bringing Worlds Together Through Video will discuss the thoughts and experiences of two students in video documenting the history behind this project. The differences in the students' cultural backgrounds and previous experience levels with oral histories will give each student a unique perspective to bring to the table.

Karpen Hall 243, Saturday, September 11, 1:00-2:40 p.m.

Death by Eminent Domain: Creating the Great Smoky Mountains National Park in Two Recent Novels, Darrin Greene, Union College

While the National Parks are often considered "America's Best Idea," it is also common to recognize that human being lost property and community when eminent domain cleared them off land destined for a National Park. This paper juxtaposes two novels representing these differing ideas about the parks: Wayne Caldwell's Cataloochee and Ron Rash's Serena. It incorporates the groundbreaking work done by Horace Kephart and his latecoming nemesis Durwood Dunn. Finally, it suggests that the ambiguities of the novels provide a richer, more tragic vision of life in an Appalachia on the verge of modernity.

Karpen Hall 034, Saturday, September 11, 9:10-10:50 a.m.

Depictions of Artemis and Memnon Demonstrates the Effect Ethiopians Had in Greek and Roman Cultures, Jessica Moses, Tennessee Wesleyan College

ABSTRACT: The purpose of this paper is to show how Ethiopians were influential in mythology, specifically in Greek and Roman Antiquity. Artworks that visually describe prominent figures such as Memnon and Artemis are seen in: Busto de etiope, Diana of

Ephesus and Artemis of Greece. Artemis is the Greek goddess of hunting and animals, while her Roman counterpart is the goddess Diana. She also represents childbirth, nature, and the harvest. Features that describe the goddess are evident in the artwork of Artemis of Greece and also Diana of Ephesus. Both art works feature a décor of animals on her garment and her bodice is decorated with protruding spheres most scholars believe to be breasts. The Artemis of Ephesus features black representation in the sense that the sculpture depicts Artemis as a black female. Her counterpart in Greece is depicted as a white female. This significance is explored in a cultural context. The figure of Memnon is seen in Greek works of art such as the Iliad and in the Busto de etíope. Memnon is depicted as a powerful king without any prejudice of his ethnicity. This representation of power without prejudice is evident within the Ethiopian influence of Greek and Roman mythological artworks described.

Karpen Hall 016, Saturday, September 11, 9:10-10:50 a.m.

E.O. 9066 DIPTYCH, Merriam Krahala, Tennessee Wesleyan College

ABSTRACT: No Abstract Available

Karpen Hall, Laurel Forum 139, Saturday, September 11, 3:00-4:30 p.m.

Embodying Cultures: Rethreading Meanings of Tibetanness in Dharamsala, India, Brittany Davis, University of North Carolina Asheville

ABSTRACT: The creation of the Tibetan community-in-exile illustrates the ability of the Tibetan people to adapt and merge with Indian cultural identities. Life in exile is continuously fashioned and refashioned as Tibetans learn to shift and merge with the surrounding transnational world. How has globalization affected the integration and exchange of exiled Tibetan and Indian communities? What are the positive and/or negative effects of loosening the boundaries between Tibetan and Indian cultural and religious identities? How are Tibetans adapting to a foreign sense of nationalism? The objective of this research study is to explore these questions by analyzing the historical and contemporary identities of the Tibetan community-in-exile, specifically among Tibetan women living in Dharamsala and Mcleod Ganj. By compiling oral interviews and photographic documentation, this paper will provide an ethnographic analysis of how globalization is affecting the lives of exiled-Tibetan women in the Himachal Pradesh region of North India.

Karpen Hall 112, Saturday, September 11, 9:10-10:50 a.m.

Even the Dead Must Adapt: Invasive Modernity in Four Appalachian Texts, Jonathan Fields, Union College

ABSTRACT: The once rich folk culture of Appalachia has changed as a result of progress. While much tradition remains, much is either gone or altered irrevocably. The depths of this cultural trauma may be examined in four texts—Dickey's Deliverance, Boorman's Deliverance. Rash's One Foot in Eden, and Rash's Raising the Dead—that return repeatedly to a haunting image: the disinterment of buried caskets for relocation to an area not about to suffer the modernizing trauma depicted in these works, that of reservoir impoundment. In the end, these works argue, not only is a culture being erased but even the dead are having to adapt. Thus, these four books both fall within the intellectual range of Harriette Simpson Arnow, the great Appalachian theorist of displacement, and the contemporary Australian eco-

philosopher Glenn Albrecht, whose coinage solastalgia serves to describe the effects such living death has on the human inhabitants of traumatized landscapes.

Karpen Hall 035, Saturday, September 11, 3:00-4:40 p.m.

Exile's Return: The Ubi Sunt Myth in Three Appalachian Books, Nicole Jeck, Union College

ABSTRACT: Out-migration is a perennial theme of Appalachian literature: to earn a living, mountain people left the land they loved, often for such Northern industrial centers as Detroit or Akron. So, too, as Loyal Jones suggests in *Appalachian Values*, are the themes of nostalgia and the exile's much desired return, whether for weekends, holidays, or forever (even if the eternal return meant being boxed up and shipped back to the hills for burial). That is, many out-migrants echoed the aching sentiments Bobby Bare expressed in his classic "Detroit City": "I want to go home." While some novelists (Gurney Norman, for example) suggest that, in fact, you can go home again, others (like Harriette Simpson Arnow) suggest that the land becomes alien, even unrecognizable, in the period of exile. This paper examines the failure of Romantic myth amidst the ultimate triumph of industrial modernity in such texts as Arnow's *Old Burnside*, Dickey's *Deliverance*, and Rash's *One Foot in Eden*, all of which depict Nature's Appalachia drowned beneath artificial lakes.

Karpen Hall 112, Saturday, September 11, 9:10-10:50 a.m.

Folk Medicine, Biomedicine, and Mental Illness: The Use of "Psychic" in the Southern Medical Journal, Rachel Carr, Lindsey Wilson College

ABSTRACT: The term "psychic," when used today, generally brings to mind crystal balls, and phone commercials for phone services of "professional psychics" promising to tell you the future, but this was not always the case. At the beginning of the Twentieth Century, the term "psychic" was used to indicate issues concerning the mental health of a patient. Over time, this term was replaced by the term "psychological." This project will track the increase in the use of the term "psychological" and the decreased of the use of the term "psychic" in the *Southern Medical Journal*. This project shows how a change in the vernacular of medical doctors in the South can be better understood. It also indicates a change toward a biomedical approach to psychology, from a non-scientific and more closely "folk medicine" approach to mental illness. Not only will the project chart the use of the term psychological in the SMJ, but will also use the term as a guide to understand when, where, and how the biomedical model replaced the use of folk and other approaches to treating mental illness in the South, over the last 100 years.

Karpen Hall 035, Saturday, September 11, 1:00-2:40 p.m.

Gender Similarities in Personality Characteristics, Kallie Tinnel, Allen McNeece, Andrew Tallent, Tennessee Wesleyan College

ABSTRACT: Throughout history there has been a common belief that there are certain personality characteristics that emphasize success in academic achievement. Previous research with college students reported that these characteristics are unrelated to gender which is in keeping with the gender similarities hypothesis. The gender similarities hypothesis suggests that human cognitive and personality characteristics are similar between college-age men and women and proposes that they are equally represented in both genders within society. We are working with traditional and nontraditional college freshman and sophomores who are enrolled in introductory math courses such as College Algebra and Elementary Statistics. Analyzing baseline measures from a larger study, the results from the

evaluation of the following null hypothesis will be discussed: If men and women have similar personality characteristics, i.e., resilience and optimism, then the mean scores of the Ego Resilience- 89 and Dispositional Optimism Scale results will show no difference by gender.

Karpen Hall 112, Saturday, September 11, 1:00-2:40 p.m.

Genocide Diptych, Brittany Rothfold, Tennessee Wesleyan College

ABSTRACT: Under the direction of Julie Jack in Painting I, I created this painting for display. The overall theme is Dominance: Culture and Subculture. My inspiration for the painting came from a close friend who told me the story of her escape from the Genocide. Her story touched me and gave me such strong feelings that I wanted to radiate the same emotion in my painting of Genocide Diptych.

Karpen Hall, Laurel Forum 139, Saturday, September 11, 3:00-4:30 p.m.

GIRL POWER!: Identity, Agency, and Public Performance, Sara Erickson, University of North Carolina Asheville

ABSTRACT: Early adolescence can offer challenges, both personal and social, as girls begin the process of entering adulthood. In *Girls Speak Out*, Andrea Johnson writes "most girls silence themselves between the ages of nine and sixteen; that is, they give up a part of who they are because they think it's necessary to do so to survive" (2005). Art making not only offers young women a chance to express themselves, but also it can inspire them to become active creators in the rest of their lives (Palidofsky 2008). By building upon and applying theory and methods from theater, cultural studies, psychology, anthropology, and political science, this research project will explore how the process of creating an original public performance impacts female identity formation and agency in 12-14 year old girls. A group of girls will volunteer to participate in an intensive performing arts summer program called *Girl Power!* where they will experience a variety of artistic mediums designed to examine what it means to be a girl in today's ever-changing world. Throughout this process, data will be collected in the form of participant observation and artistic artifacts. The data will be analyzed and represented in the form of a performance ethnography. This research will address the need for more information on how out-of-school arts programs can promote positive youth development but also will expand the ways in which the arts can be used to collect data and represent findings. Also it contributes to the emerging academic field of community-engaged arts scholarship.

Karpen Hall 243, Saturday, September 11, 1:00-2:40 p.m.

Goiter or Goitre: A Shift in Language, Culture, and Medicine, Alex Cogdell, Lindsey Wilson College

ABSTRACT: The Southern Medical Journal (SMJ) was founded in 1908 by doctors of medicine interested in publishing on issues of particular interest to those in the southern (including Appalachian) regions of the United States. One biological phenomenon of interest throughout the 102-year history of the journal is the treatment, reference to, and understanding of goiters. A goiter is a swelling in the thyroid gland caused by a deficient amount of iodine in the body. Goiters due to lack of iodine no longer plague those in the Appalachian region of America, ever since salt was iodized in the mid 1920's. This project examines the archives of the SMJ to understand the shift from folk medicine to biomedicine,

with regard to goiters, over the history of the journal. This examination of the SMJ corpus specifically examines both the treatment of goiters and how the spelling of the term goiter (goitre) changes over the life of the SMJ. This project forwards the assertion that the change in the spelling of the term goiter coincides with a change in the culture of doctors in the South, a greater biomedical understanding of goiters, and a shift in the influence of British doctors on those in the American South.

Karpen Hall 016, Saturday, September 11, 9:10-10:50 a.m.

***Hawk's Nest: Power, Greed, and the Low Price of a Human Life*, Kalyn Metz, Union College**

ABSTRACT: Among the more traumatic episodes in the industrialization of Appalachia is the catastrophic loss of life during the construction of the Hawk's Nest Tunnel in West Virginia. Union Carbide encouraged the hopes of Depression-era workers and then worked those diggers to death. And yet the same rhetoric that encouraged those workers' hopes, leading to literally countless deaths, derived from the same well of language that many arguably "progressive" projects of the Thirties drew from. This paper looks to Hubert Skidmore's *Hawk's Nest: A Novel* and Muriel Rukeyser's poetry collection *US 1* for explorations of deadly corporate rhetoric.

Karpen Hall 035, Saturday, September 11, 9:10-10:50 a.m.

***Hay Fever: How a Term from Folk Medicine Has Given Way to Biomedicine in the American South*, Amber Kemp, Lindsey Wilson College**

ABSTRACT: Hay fever is a common term in the vocabulary of most Americans. Hay fever is generally associated with the body's reaction to specific pollens. Over the last 100 years, a better scientific understanding of what this illness does to the body and how this seasonal malady can be treated has developed. Medical doctors currently say "allergic rhinitis" instead of the folk term "hay fever." This research project tracks the use of the terms "hay fever" and "allergic rhinitis" throughout the 102-year history of the *Southern Medical Journal*. This small project works toward the larger picture of examining how the language in the SMJ can be tracked, in order to understand the cultural and medical shifts occurring in the Appalachian American South. Using a couple of terms (namely, hay fever and allergic rhinitis) the views of the medical doctors on both language and medical science in Appalachia can be revealed and better understood.

Karpen Hall 034, Saturday, September 11, 3:00-4:40 p.m.

***Hiking to Self-Discovery: An Analysis of the Liminal Qualities of Hiking the Appalachian Trail*, Mallory Taylor, Ferrum College**

ABSTRACT: Hiking and exploring the Appalachian Trail can be a means to gaining self-discovery. Self discovery is a term that is often used to describe insight into self. Insight is described as being a powerful, sudden moment of consciousness resulting in a "vivid, surprising, benevolent and enduring personal transformation" (Miller & Bacca.). Hartig (1997) suggests that people seek insight into their true priorities, goals, and place in the world. Others seek to understand and identify their personal strengths, weaknesses, and future potential (Kaplan, 1974). Research (Goodnow & Ruddell, 2009; Goodnow, 2010) suggests that this literal and metaphorical journey towards self-discovery is influenced by liminality or the feeling of "being away". Thus, this research project will explore the proposed

relationship between liminal space and self-discovery while hiking the Appalachian Trail. It is hypothesized that liminal space will correlate with self-discovery. During the summer of 2010, surveys will be administered to hikers along the Appalachian Trail. Surveys will measure motivation, liminality, self-discovery, and other related variables (length of time on the trail, age, gender, state of mind, solitude, and etc.). The sample will consist of all types of hikers including day hikers, thru hikers, male hikers, female hikers, solo hikers, group hikers, and hikers of all ages.

Karpen Hall 112, Saturday, September 11, 9:10-10:50 a.m.

History and Human Freedom in MacIntyre, Thompson, and Dostoevsky, Robert Duncan, Marie Smith, Lenoir-Rhyne College

ABSTRACT: It is not a well-known fact that Alasdair MacIntyre and E.P. Thompson worked together in the 1960s. While both of these figures are very prominent in their own fields (of philosophical ethics and English history respectively), they are rarely discussed in the same context. One of the goals of Robby's project is to correct this lacuna. His paper attempts to think through the historiographical implications of the philosophical dilemma of free will, drawing on the work of MacIntyre and Thompson. Not only does this point toward an underexplored connection between these two major figures, Robby argues that it is a worthwhile and constructive project in its own right. Thompson's magnum opus, *The Making of the English Working Class*, is well known for advocating the agency of working people and rejecting more deterministic approaches to history. Robby discerns a metaphysical dimension to Thompson's thought: he argues that Thompson's history implies a "libertarian" philosophical theory of free will— just the sort of theory MacIntyre defended early in his career, and would likely still defend today. Thus MacIntyre can provide a good philosophical framework for Thompson's history, and Thompson can show how to write history in a way that affirms the reality of human freedom. Marie's paper further explores the theme of human freedom and history more concretely by looking at the example of the London World's Fair in 1851. In particular she examines Fyodor Dostoevsky's account of the fair's famed "Crystal Palace." For him, the palace symbolized the worst excesses of post-Enlightenment rationalism, especially the tendency to deny human freedom by appealing to all-encompassing laws of nature. Dostoevsky uses the act of sticking ones tongue out to illustrate his frustration with the exhibition and its attendees, who according to a sermon of the day were encouraged to enthusiastically support this celebration of reason as a manifestation of Britain's importance and the legitimacy of her imperialism. Marie shows how Dostoevsky, much like E.P. Thompson, constructs his narrative so as to vindicate human freedom against the determinism symbolized by the Crystal Palace.

Karpen Hall 112, Saturday, September 11, 1:00-2:40 p.m.

If You See Me Comin' Better Step Aside: Identity Politics in Popular Miners' Songs, Morgan Baker, Bradley Nelson, Union College

ABSTRACT: For more than a century, the crisis of the coalfields has been existential. Because in certain ways it behooves Fordist management to steal workers' identities, turning them into identity tags and numbered accounts at the company store, workers must proclaim their existence. Thus a number of popular songs—"Sixteen Tons," "Coal Miner's Daughter," "You'll Never Leave Harlan Alive," among many others—may be placed at the very forefront of the identity politics that appears as well in such recent documentaries as *Coal Country* and such literary fiction as *Strange as This Weather Has Been*. These texts do not only establish

identity but insist on it. In the face of industrial culture, this rhetorical analysis demonstrates, the repeated utterance of the first-person singular pronoun is a revolutionary act.

Karpen Hall 035, Saturday, September 11, 1:00-2:40 p.m.

Kathy Mattea's "Lawrence Jones": A Metaphor for Hard Times in the Mountains, Lori Bargo, Union College

ABSTRACT: On her recent CD *Coal*, the singer Kathy Mattea performs "Lawrence Jones," an elegy for a miner killed during the Brookside Strike. While looking back to 1972, the song also looks to the present and the looming threat of mountaintop removal. The eponymous Jones was the one fatality of the Brookside Strike, and his death—or "sacrifice," as it were—is made to resonate through the song's lyrical argument. While Jones's fellow strikers are quite naturally enraged at the young Jones's death, Mattea's lyrics recognize that martyrdom is both a well-established motif in the outsider-insider agon that has long characterized labor issues in the mines ("There's blood upon the contract") and a signal from the past to Appalachia's multiple futures: "The dead go forward with us, not one is left behind." Because Mattea, in both the context of the CD *Coal* and in her recent statements (in, for example, the House-Howard volume *Something's Rising*) has firmly established herself as a foe of the rapacious industrial practice of mountaintop removal, this song thus serves to connect today's action against that exploitative practice with an earlier generation's self-defining integrity. "Lawrence Jones," then, ripples off the CD and into other recent texts—the belletristic *Lost Mountain*, the documentary *Coal Country*—that suggest that present-day Appalachia requires the return of yesterday's heroism.

Karpen Hall 112, Saturday, September 11, 9:10-10:50 a.m.

Killer Kaves, Cassie Swinney, Tennessee Wesleyan College

ABSTRACT: No Abstract Available

Karpen Hall, Laurel Forum 139, Saturday, September 11, 3:00-4:30 p.m.

Land Acquisition by TVA on Norris Basin in Tennessee, Noah Patton, Lincoln Memorial University

ABSTRACT: During the acquisition of lands for its Norris Dam Project the Tennessee Valley Authority acquired necessary properties from those both willing and unwilling to leave their homes. The presentation will cover the legal basis for condemning property and the methods for finding necessary deeds, court orders and other related documents for research of this type from an experienced land professional.

Karpen Hall 112, Saturday, September 11, 9:10-10:50

Lives Timed Out: Temporariness as an Appalachian Value, Jessica Burke, Union College

ABSTRACT: Dominant culture romanticizes what it wipes out. This idealism holds true in several literary works about vanishing Appalachia. In James Dickey's *Deliverance* and Ron Rash's *One Foot in Eden* and *Raising the Dead*, reservoirs drown once thriving communities, but not till they have been subjected to romanticizing. While such treatment suggests sentimentality, the authors, along with Harriette Arnow (in her cultural histories of the Cumberland River watershed), subvert such an approach with pointed reminders that the

dispossessed white people in their works had themselves displaced the Natives who had been there decades and centuries before. While much of the popular rhetoric imposed over the last century and more (almost always by outsiders: for example, William G. Frost) on Appalachia has insisted on its timelessness, its locale a place where "our contemporary ancestors" live unaffected by time, these works argue the contrary: Appalachia, it seems, is a place where time is always grinding away and some ways of life simply time out.

Karpen Hall 035, Saturday, September 11, 1:00-2:40 p.m.

Mathematics and Anxiety: Similarities and Differences between Genders, Hailey Bryant, Stephanie Breeden, Tennessee Wesleyan College

ABSTRACT: Historically, males were considered to have better skills in areas of mathematics when compared to females, but recent research supports that there are more similarities than differences between the genders in cognitive abilities. Additionally, research shows that females report higher levels of anxiety in relation to math testing than do males. Fewer women in math related fields and more negative reports from women about their experiences with mathematics might be related to level of anxiety. We are working with college age men and women and a few non-traditional students in ACR classes of College Algebra and Essential Statistics. The data collected were for a baseline measure of a larger project. The hypotheses evaluated are 1) If men and women have similar abilities in mathematics, then the group means of ACT/SAT scores will be similar and 2) Women in the ACR math courses will report higher levels of anxiety, as measured by the short version of the Mathematics and Anxiety Inventory (MAPS), when compared to men.

Karpen Hall 035, Saturday, September 11, 3:00-4:40 p.m.

Mental Health: Exploring Women's Treatment Protocols in Psychiatric Wards, Elisa Horrocks, University of North Carolina Asheville

ABSTRACT: This research uses a combination of observation and literary review to expand on the study of female inpatient treatment at psychiatric wards. The observational study was conducted during an internship at Copestone, the psychiatric unit at Mission Hospital. The internship consisted of one hundred hours of interaction with patients in the two adult units during group therapy and free time. Field notes and anonymous secondary data analysis capture gender dynamics and demographics within the unit while staff commentary is acquired by means of structured interviews. The secondary data analysis is based on diagnosis, age, and GAF scores (Global Assessment of Functioning) of female patients. This segment is then paired with a literary review of relevant gender related research on women's experiences in the mental health field, providing an integrated approach of qualitative and quantitative methods to explore women's treatment protocol's in psychiatric wards.

Karpen Hall, Laurel Forum 139, Saturday, September 11, 1:30-2:30 p.m.

My Quilting Experience, Marissa Mckie, Lincoln Memorial University

ABSTRACT: Quilting has been the main focus for my spring semester at Lincoln Memorial. John Rice Irwin, founder of the Museum of Appalachia and author of *A People and Their Quilts* says, "Few items in our culture have been so necessary, colorful, artistic, cherished, cared for, and universally used as the quilt." I will present my work which includes all the experiences during the process of making the quilt. Starting out, I chose the pinwheel pattern after reading about its history and the different ways to piece the pinwheel. I met with a local quilter who helped me piecing and stitching. I decided to hand make the quilt, which took

more time than using a sewing machine but I felt like I had more control, which I will explain in the presentation. While there were many challenges that came along with learning how to quilt, I enjoyed the experience. In order to make a strong quilt, I had to make sure to have the right materials and supplies. I also needed the right measurements to make the proper size for a baby blanket. The biggest obstacle I had to overcome was the patience needed to make the quilt. This took time but it did happen over time. I find that patience has become the most important part of finishing the quilt. If I had not learned to slow down, it could have been a bigger challenge for me. This September, I will be pleased to present my quilting experiences!

Karpen Hall 035, Saturday, September 11, 9:10-10:50 a.m.

Myths and Legends of the Ptolemaic Age, Amber Jones, Tennessee Wesleyan College

ABSTRACT: When Ptolemy I, assented to the throne after Alexander the Great's conquest of Egypt, the ruler sought to integrate and preserve Egyptian Culture while still advancing the civilization. This unique period in Egyptian history is characterized by the fusion of Greek and Egyptian culture. Ptolemy I, began the tradition of depicting himself as an Egyptian pharaoh given power thought the divine right of gods. Under the ruler the lighthouse of Alexandria was built to establish, Alexandria as the head of the civilized world. Also at Alexandria, a legendary library was built that fostered the greatest minds of the ancient world. The Rosetta Stone, thought relatively unimportant in its time period, unlocked the secrets of the language of the Ptolemaic Era. A legendary facet of the Ptolemaic Dynasty is the incest between the rulers. A closer look reveals religious and political motives behind this taboo activity. This unique period in Egyptian history finally ended after the suicide of the last Queen of Egypt, Cleopatra VII. This paper will discuss this unique period of history in which the Egyptian and Greek civilizations fused together.

Karpen Hall 112, Saturday, September 11, 9:10-10:50 a.m.

National Forests and Sustainability: Do Visitors Really Care About Saving the Planet? A Comparative Study of the Sustainable Practices of Visitors to Pisgah National Forest and Cherokee National Forest, Mike Holder, Darrell Neely, Jacob Richardson, Brevard College

ABSTRACT: For over twenty years, the National Park Service has provided tourism a venue for the fast growing segments of eco- and nature-based tourism (Deng, Qiang, Walker & Zhang, 2003). McKercher (1993) suggested that tourism sustainability can be specifically defined as the "challenge to develop tourism capacity and the quality of its products without adversely affecting the physical and human environment that sustains and nurtures them" (p.13). This project is a comparative study of sustainable, or "green", practices of visitors to the Pisgah National Forest in Brevard, NC and the Cherokee National Forest in Cleveland, TN. The forests are both federally-funded and are serviced by the United States Forest Service. They are comparable in size and availability of recreation and leisure activities. The research focuses on visitor perception of their role in sustainability, individual practices while in the park, and the degree to which the park educates and encourages green practices. The quantitative study utilizes a random sample research design and creates a snapshot of the sustainability patterns of visitors to the forests. Visitors' and tourists' perceptions of the importance of green practices while partaking in recreational and leisure activities within the forests are the general focus of the research.

Karpen Hall, Laurel Forum 139, Saturday, September 11, 1:30-2:30 p.m.

National Forests and Sustainability: Do Visitors Really Care About Saving the Planet? Data Analysis,
Derek Church, Miro Mustonen, Brevard College

ABSTRACT: For over twenty years, the National Park Service has provided tourism a venue for the fast growing segments of eco- and nature-based tourism (Deng, Qiang, Walker & Zhang, 2003). McKercher (1993) suggested that tourism sustainability can be specifically defined as the "challenge to develop tourism capacity and the quality of its products without adversely affecting the physical and human environment that sustains and nurtures them" (p.13). This project is a comparative study of sustainable, or "green", practices of visitors to the Pisgah National Forest in Brevard, NC and the Cherokee National Forest in Cleveland, TN. The forests are both federally-funded and are serviced by the United States Forest Service. They are comparable in size and availability of recreation and leisure activities. The research focuses on visitor perception of their role in sustainability, individual practices while in the park, and the degree to which the park educates and encourages green practices. This presentation will highlight the results of the data collection and the analysis of the data. Descriptive statistics and comparative analysis of the respondents in each in each park will be presented.

Karpen Hall, Laurel Forum 139, Saturday, September 11, 1:30-2:30 p.m.

One Cell In The Sea, Megan Snellgrose, Tennessee Wesleyan College

ABSTRACT: No ABSTRACT: Available

Karpen Hall, Laurel Forum 139, Saturday, September 11, 3:00-4:30 p.m.

Preserving the Art of Necessity: Traditional Appalachian Quilting, Lori Bowers, Lincoln Memorial University

ABSTRACT: It was the goal of our research to seek out and study traditional quilting methods within a tri-county region located within Tennessee, Kentucky, and Virginia. Members met with master hand quilters from Claiborne County, Tennessee. Members of our group also participated in quilting workshops that were held in Bell County, Kentucky. While at the workshops, certain members sought out advice from quilters in Lee County, Virginia regarding traditional versus machine quilting, which was an aspect addressed within our group throughout the project. The traditional form of hand quilting and the modern form of machine quilting was documented by group members, each sharing their experience regarding the significance of the craft as a whole. The experiences were documented by both video and digital photography to ensure the perpetuation of hand quilting, which has become a rarely practiced art form in our modern society. It is in studying this art of necessity that our group has come to understand the significance of quilting not just as a craft, but as community traditions passed through time. These traditions carry with them a history of our region, focusing on societal and economic changes that have slowly transformed communities in Appalachia. It is with great pride that our members take these traditions into their homes, continuing the craftwork once vital to the ancestors we now honor as mentors from the past.

Karpen Hall 243, Saturday, September 11, 9:10-10:50 a.m.

***Queering Masculinities: Voices of a Gen(d)eration*, Kelly Doyle**, University of North Carolina Asheville

ABSTRACT: Masculinity has long been thought to be synonymous with the male body. More specifically, the masculinity of white, middle-class, heterosexual, able-bodied has become the Western ideal of the manifestation of the phallus. Yet feminist, queer, and masculinity studies scholars have demonstrated that masculinity is a much more complex construction than the relationship of biological men to their bodies. Masculinity has cultural constructs, hierarchies, and norms of its own. Moreover, masculinity is not limited to male bodies. Female-bodied, genderqueer, intersex, and transgendered people also have complex relationships with masculinity through their acceptance, rejection, subversion, inversion, or recreation of the norms of masculinity. These non-normative relationships are examples of queering dominant masculinity. These relationships to masculinity are incredibly individualistic, differing from person to person as well as from place to place. This paper will investigate the contemporary queering of hegemonic masculinities in Asheville, NC through theory and qualitative interviews: specifically exploring the way masculinity is queered through performance, embodiment, and desire.

Karpen Hall 034, Saturday, September 11, 3:00-4:40 p.m.

***References to Race in the Southern Medical Journal: How Changes in Language Equate to Changes in Treatment*, Sarah Smith**, Lindsey Wilson College

ABSTRACT: The issue of race and medical treatment of African-Americans in Appalachia has an important place in American medical history and language. The injustice of poor medical treatment of minority groups can be seen ever since our country's beginning; one of the most egregious acts against minorities and medicine, for instance, would be the Tuskegee syphilis studies. This current study will track the issue of race in the Southern Medical Journal since 1910. By examining the way in which African-Americans are referred to throughout the life of the journal, and then taking note of the kind of treatment they receive (or do not receive), the view of African-Americans in Appalachia by the medical profession can be better understood. In this study, the term by which people of color are referred to (African-American, Black, or Negro) is correlated with the examination of the occurrence of folk medicine in their treatment, and the respect (or lack thereof) for the African-Americans included in these medical studies. The level of respect for the African-American patients will be understood using qualitative discourse analysis, while the charting of which term is used to refer to African-Americans will be quantitatively assessed.

Karpen Hall 034, Saturday, September 11, 9:10-10:50 a.m.

***Self-Discovery and the Appalachian Trail*, Juan Lopez**, Bluefield College

ABSTRACT: Hiking once was an unavoidable part of traveling or migrating for people in the past. In today's world of automobiles and airplanes, it is hard to imagine a situation in which one would be forced to hike, and yet there are many who go out of their way to explore the world untouched by man. The Appalachian Trail has long been a frequented "holy land" for hikers from all around the continental United States, and even many professional hikers from other countries. The AT spans 2,178 miles of marked footpaths from Georgia all the way up to Maine, and each section has its own unique history and beauty to match. By hiking portions of the AT and journaling my own experience, and by conversing with other hikers (using an interview tool), and reading accounts of hikers, the goal is to ascertain what people

perceive to be their reasons for hiking and associated benefits. I expect to discover that the reasons vary by individual and often relate somehow to a sense of self-discovery, and will most often be associated with the concepts of physical fitness, being isolated or close to nature, and/or spiritual reasons. This study is also specifically intended to examine why people from near and far choose to hike the AT, as opposed to other trails that might be more convenient options. Once enough data has been collected from a sufficiently diverse group, it should be clear what makes the AT so attractive.

Karpen Hall 035, Saturday, September 11, 9:10-10:50 a.m.

Surveying the Appalachian Trail's Impact on Participants in Relation to Self-Discovery and Sustainability, Rachel Thomas, Ferrum College

ABSTRACT: Insight is described as a powerful, sudden movement of consciousness resulting in a "vivid, surprising, benevolent, and enduring personal transformation." Personal discovery can also be given an operational definition of a person's need to understand priorities, goals, strength, weaknesses, and potentials. The Appalachian Trail has given a large number of people a greater awareness of sustainability and environmental issues. More notably, the Appalachian Trail's beauty and nature have been a real eye-opener leading to a person's personal growth and discovery. Over three million people a year leave the comfort and security of their home to hike a rugged 2175-mile marked footpath. The eastern wilderness of the United States is home to the Appalachian Trail, which hikers utilize from a single day to four months of camping and hiking. The multi-use of this trail offers a unique opportunity to survey its participants to show a correlation between the impact of the Appalachian Trail and the hiker's knowledge and awareness of the environment. A self-discovery survey tool was used to assess the impact the Appalachian Trail has on its participants by determining their knowledge and awareness of natural history, sustainability, and environmental ethics before and after their trail experience. This project also demonstrates how time on the Appalachian Trail further impacts hiker's perspective and personal awareness in the immediate environment surrounding them. As a hiker transects through many diverse habitats along the Appalachian Trail their sensitivity to nature's disturbances intensifies. Results of this survey will indicate the difference between and individuals' sensitivity of issues relating to sustainability before and after being exposed to the natural beauty of the Appalachian Trail. Surveys indicate that the hikers' become more sensitive to environmental issues as well as the habitat diversity the trail offers.

Karpen Hall 243, Saturday, September 11, 9:10-10:50 a.m.

The Bascom Lamar Lunsford Festival: A Festival for the Musicians, Megan Weaver, Mars Hill College

ABSTRACT: Since its initial performance in 1968, the Bascom Lamar Lunsford Festival has tackled the challenges of a changing society while maintaining the goal to be a festival for the musicians. The festival was created to honor Lunsford's achievements in the world of folk culture and music and quickly expanded to a three-day event that included music, dance, and workshops. Overtime, the festival has evolved into a one-day event, but it has maintained its objectives of celebrating mountain music and continuing the traditions of past generations while combating problems with attendance, other on-campus activities (including the Heritage Festival), and student involvement. However, festival performers and musicians have continued their commitment to and admiration for the festival. Throughout the last four decades, the dedication of the musicians to their craft and the respect they have for mountain

folk culture have provided the backbone of the Lunsford festival. By utilizing the Bascom Lamar Lunsford Festival collection in the Southern Appalachian Archives as well as oral interviews, this paper examines how the festival has reacted to such contemporary issues and how it has evolved as a festival.

Karpen Hall 035, Saturday, September 11, 9:10-10:50 a.m.

The End Times in Three Appalachian Novels: Mythos and Fact, Aaron McCollum, Union College

ABSTRACT: Recent Appalachian novels—Cormac McCarthy's *The Road*, Ron Rash's *Serena*, and Ann Pancake's *Strange as This Weather Has Been*—describe environmental trauma through carefully deployed apocalyptic motifs. While biblical allusion is a well-worn path in novels both literary and popular, these novels especially reward biblical literacy. While a focus on the end times is often considered a convention of Appalachia's Calvinist heritage, these novels proceed through historical stages—from the deforestation of the 1920s to the surface mining of today to an unnamed catastrophe of the near future—to locate not just the mythic knowingness but the reality of Final Things in Appalachia. This paper thus builds on the research of such Appalachian scholars as Loyal Jones, Jimmy Dean Smith, and Deborah Vansau McCauley to locate the sanctified roots of Appalachian apocalypse in early modes of regional religious discourse and the (desired?) culmination of the End Times motif in these novels.

Karpen Hall 016, Saturday, September 11, 9:10-10:50 a.m.

The Evolution of Quilting in Madison, Yancey, and Mitchell Counties in Western North Carolina: From Utility to Craft to Art, Jaimie Little, Savannah Garrison, Mars Hill College

In the rural counties of Madison, Yancey, and Mitchell, early settlers used quilting as a method for making warm bed covers. Many of the patterns were similar to those found in Europe, and patchwork quilting was popular because it resulted in a product that was both useful and decorative. By the early 1900s, most quilts of the area were hand pieced and hand quilted with batting made from a wide variety of materials. In the mid 1900s, commercially available bedding became more affordable, and handmade quilting became less a utilitarian effort and more an artistic endeavor. Fabric types, colors, and patterns expanded as did new techniques and tools. Today, the new quilter is not only a typical native mountaineer, but may be the retiree who came to this area or the young professional who wants to discover a new artistic expression. Some of the outgrowth of the revival of quilting includes the development of quilt shops, quilt guilds, quilting groups, and now, the painted quilt pattern blocks on barns and businesses. In an effort to preserve the heritage of quilting patterns, both Madison and Yancey Counties have developed Quilt Trails for show-casing the painted blocks. This investigation compares the old and new quilt styles, patterns, materials, and techniques as well as interviewing quilters who range from craftsperson to artist.

Karpen Hall 243, Saturday, September 11, 9:10-10:50 a.m.

The Food Environment on a University Campus: Current Initiatives, Benefits, and Guidelines for the Promotion of a Healthy Food Environment on the Campus of the University of North Carolina Asheville, Monica Combs, University of North Carolina Asheville

ABSTRACT: UNC Asheville faculty, staff, and students are working on several fronts to increase campus-wide wellness through education, food availability, and the implementation

of environmentally sustainable practices. The North Carolina Center for Health and Wellness at UNC Asheville strives to be a catalyst for change in promoting wellness in North Carolina. One step towards these efforts is the promotion of healthy eating habits on University campuses. The research includes a summary and analysis of current activities in the service of promoting a healthy food environment on UNC Asheville campus. Utilizing interviews and the review of written documents, the paper will focus on the activities of a group of faculty and students participating in a cluster of classes organized around the topic 'Food For Thought', the Student Environmental Center, and campus dining services, noting the unique contributions of each towards promoting the health of individuals and environment. The findings will include the results from a campuswide student survey designed to discover student satisfaction with current initiatives as well as to gauge support for various proposed changes and additions to these initiatives. The findings will be formalized into guidelines on how to maintain a high standard of health through food and sustainability practices on a university campus.

Karpen Hall 035, Saturday, September 11, 3:00-4:40 p.m.

The Importance of Regional Literature in the Public School Curriculum of Western North Carolina, Cathryn Hughes, Mars Hill College

ABSTRACT: Regional literature depicts the relationship of land and culture and can be valuable in maintaining a sense of the distinct identity of a place. The role of young adult regional literature in grades 6-9 of the public schools of Yancey and Mitchell Counties is the subject of this study. The research involves interviews of teachers and librarians in order to identify the current use and the importance of young adult regional literature in these public school systems. Teachers often feel pressured to cover the requirements of the North Carolina Standard Course of Study, so material that does not clearly fit under those objectives is overlooked; this study will investigate the NC standards to determine how young adult regional literature can be incorporated in the classroom under the requirements of No Child Left Behind. In addition, a book list will be made available that identifies titles and authors of young adult regional literature, with a special emphasis on Western North Carolina. At least one author of this genre will be interviewed.

Karpen Hall 034, Saturday, September 11, 9:10-10:50 a.m.

The Importance of Regional Literature in Three Counties of Western North Carolina, Kristina Blackford, Mars Hill College

ABSTRACT: Regional literature is literature that depicts the landscape, history, customs, and the peoples' character in a specific region. In three rural counties of Western North Carolina—Avery, Mitchell, and Yancey—regional literature has played a part in establishing a cultural identity and giving residents a sense of pride in their area. This literature has also provided people who have moved into the area a sense of the life there. This project attempts to understand why people in these counties — local or not — read the literature of this region, and what they take away from the experience. Research involves interviews with librarians and directors of different aspects of the Avery-Mitchell-Yancey (AMY) Regional Library system, as well as a questionnaire distributed through the libraries that solicits patrons' reactions to regional literature. A third part of the research involves a book discussion based on works of historical fiction by John Ehle that will bring together locals and non-locals who are interested in sharing ideas. The project will culminate at the annual Carolina Mountains Literary Festival (CMLF) held in Yancey County. This event gathers regional authors with

interested readers to discuss literature and writing in an intimate, communal setting and therefore will provide an opportunity to observe the interactions of a wide range of people.

Karpen Hall 016, Saturday, September 11, 9:10-10:50 a.m.

The Perception of Beauty in Ancient Greece Regarding Black Africans: Lekythos, Kantharos, and Aryballos Vase Depictions, Savanna Donnelly, Tennessee Wesleyan College

ABSTRACT: The purpose of this research paper is to present the perceptions of beauty in the Ancient Greek world regarding black African men and women that resided in Greece. These perceptions are made visible in the art work of Ancient Greece. The Greek's have always valued beauty as a significant part of excellence and persona, especially facial beauty. Excelling in vase construction and painting, their love for beauty has been depicted upon many vases of this time period. It seems that some of the depictions of black Africans on the vases are portrayed through perceptive observation. Other art works display the black Africans as slaves, illustrating them in a less attractive fashion. Selective pieces of art show this perception of beauty between the Africans and the Caucasian Greeks. The two art works Lekythos from 450 to 440 B.C. and Amphora: Old Man Followed by a Young Servant show how the Greeks presented the black Africans as slaves and as less important. Kantharos: Conjoined Heads of Hercules and a Negro, Aryballos Juxtaposing Two Heads of Negroes, and Two-headed Kantharos (Kantharos With Double Face of Woman) are three art works used to prove that the Greek's viewed the black Africans to be just as beautiful as their own people.

Karpen Hall 035, Saturday, September 11, 1:00-2:40 p.m.

The Use of Multicultural Activities to Learn About Different Heritages, Alyssa Turnage, Tennessee Wesleyan College

ABSTRACT: The purpose of this project is to help educate different groups of people about the lifestyles and heritages and celebrating diversity in ethnic as well as cultural groups. The main focus was to help American students realize diversity is all around them, even in their own community. We had various assignments and some of them included gathering statistics, on current race and ethnic distributions in local institutions and organizations. We also had to explore our own cultural history. Throughout the semester we have read numerous books and performed many hours of research to develop lesson plans to present to not only schools but also churches. The lesson plans range from origami activities to word searches about different countries. The age group for the lesson plans ranged from first graders to seventh graders. We read a variety of books. Some that were written by a Caucasian while others were written by an African American or a writer of another race. This gave us a large assortment of subjects to choose from. A few of the books I have read include Charlotte's Web, Education of Little Tree, and Persepolis. All three of the books are different but in the end have a lesson to be learned. We researched the authors' backgrounds to see if that had any influence on their writing. Our main objective was to reach out and help others understand that these books, as well as the lesson plans, should be a part of their yearly curriculum. Our goal at the beginning of the semester was to go into classrooms and teach the material while educating the teacher but our plans were modified. Overall, the purpose of this project was to acknowledge and increase awareness of our rich and interconnected cultural backgrounds thereby encouraging tolerance and a heightened sense of global community as well as a more rooted and secure sense of self.

Karpen Hall 034, Saturday, September 11, 9:10-10:50 a.m.

Tobacco Farmers in Transition: The Community and Farming Life in Madison and Yancey Counties after the Tobacco Buyout, Katie McCannon, Mars Hill College

ABSTRACT: Madison County was the number one burley tobacco producer in the state of North Carolina at one time. The tobacco program that began in the 1930's provided price supports and quotas to control the supply of tobacco and support small tobacco farmers, but the program was abolished in 2004. This study explores the ways that tobacco farmers in two counties of Western North Carolina have adapted to the loss of the subsidies. Farmers have had to diversify to many different crops instead of one main crop, and they are now growing a variety of vegetables, mushrooms, and fruit. Some are moving to grass-fed or pasture-raised meat. Others have begun organic farming in order to receive higher prices for their products. Another way they can maximize income is by marketing locally to individuals and businesses, a practice that partly accounts for the recent boom in weekly farmer's markets in the two counties. Farmers are also banding together and relying on cooperatives and extension office services. This change in the region's agriculture is also impacting the communities. Through personal interviews with farmers and discussions with organizations formed to help tobacco farmers through the transition, this report explores how farmers are transitioning and how the communities in these two rural counties are being affected by the change in farming practices and attitudes.

Karpen Hall 243, Saturday, September 11, 9:10-10:50 a.m.

Traditional Livelihood and Modern Infrastructure: The Case in Two Classic Appalachian Novels, Jennifer Burke, Union College

ABSTRACT: While roads and reservoirs almost always signify positively in the official imagination, the myth and reality of Appalachia as a traditional place suggest that even progress must be scrutinized for its dangers or (at best) ambiguities. Thus, in two novels—Hunter's Horn and One Foot in Eden—Harriette Simpson Arnow and Ron Rash suggest how catastrophically progress affects a traditional community, putting an end to the lives and livelihoods of mountain people. This paper focuses especially on how progress destabilizes employment practices in a rural community and how these novels thereby suggest ways to read other forms of progress. As Arnow suggests in a series of novels (including Mountain Path and The Dollmaker) and in the foundational essay "Progress Came to Our Valley") improved modes of transportation eased Appalachia's transition from (relative) isolation and traditionalism to (relative) modernity, a result with both benefits (more effective farming techniques) and drawbacks (loss of privacy and autonomy), a theme of ambivalence toward progress that culminates in her masterpiece, Hunter's Horn. Similarly, throughout his career Rash has typically depicted a region in troubled transition, a theme he signals in his first (and keynote) novel, the literary thriller One Foot in Eden. Each author, then, problematizes the portrayal of the South, and of Southern literary writing, established by Louis d. Rubin and the so-called "Rubin School" of traditional Southern letters.

Karpen Hall 243, Saturday, September 11, 1:00-2:40 p.m.

Tuning Into the Public Expressions Concerning Abortion, Marla Sutherland, University of North Carolina Asheville

ABSTRACT: Before Roe versus Wade in 1973 and the Second Wave of the feminist movement, "abortion" was not only a taboo action but also a dirty word in United States society. Since then, strident public expression concerning the issue has become

commonplace. Much of this public discourse centers around two movements, Pro-Life and Pro-Choice, and their respective mutually exclusive vocabulary, theory, and activity. With such polarized attitudes dominating the public conversations, it can be difficult to hear other differing viewpoints in between these two polarities. The intersections of race, class, ability and national origin play an important, but often unrecognized, component in our society's understanding of and opinion about abortion. Narrowly defined moral issues related to abortion often seem to drown out other issues related to women's reproductive rights including the realities of privilege and oppression. Utilizing public expressions about abortion, such as online sites, documentaries, popular movies, novels, the media, politics and organizations, this project examines the rhetoric around the issue of abortion in the United States during the late twentieth and early twenty-first century. Less polarity among the numerous positions related to abortion, along with more unified communication and activism, will allow for a safer environment for women to choose whether or not to be mothers. By advocating for a better welfare system, sexual education in schools, access to prenatal care, and the elimination of violence against women, women will be able to more effectively make their individual decisions regarding their own bodies without so many gender-based barriers.

Karpen Hall 034, Saturday, September 11, 9:10-10:50 a.m.

UNCA Limelight Project: Electrifying Community Performance Illuminating UNCA Energy Use, George Martinat, University of North Carolina Asheville

ABSTRACT: Building upon UNC at Asheville's institutional performance energy audit completed in Spring 2010, the Limelight project utilizes community-based performance art as a viable method to explore energy use behavior. Limelight Project asks: What is the current state of energy use behavior on campus? In what ways can campus-based, performance art increase knowledge/awareness of UNCA energy consumption behavior? Employing a mixed-method approach to gather both quantitative and qualitative data, the project investigates opinions, behaviors, and empirical facts about our campus' current energy use. Survey instruments provide statistical data while creative workshops generate dialogue and source material for performance. This methodology allows for more holistic and dynamic claims about our campus' energy use awareness. Limelight Project serves as an empirical and entertaining mirror reflecting back on the campus community.

Karpen Hall 034, Saturday, September 11, 3:00-4:40 p.m.

Untitled Painting, Savanna Donnelly, Tennessee Wesleyan College

No ABSTRACT: Available

Karpen Hall, Laurel Forum 139, Saturday, September 11, 3:00-4:30 p.m.

Veterans' Community Arts Project Evaluation, Heather Buckner, Elisa Horrocks, Rebecca Smith, University of North Carolina Asheville

ABSTRACT: In "New Creative Community," Arlene Goldbard states "in community cultural development practice, participants' experience of their own creative imaginations and expressions is understood to be intrinsically empowering." This community-based project evaluation seeks to assess the overall impact and value of the artistic expression activities and working methods of the Veterans' Community Arts Project, which began last Spring in a pilot, service-learning project connected to an Arts and Community Development course. The

summer project consists of six weekly community arts workshops for veterans at the ABCCM Veterans' Restoration Quarters and Transitional Housing facility, which houses homeless veterans for up to two years while providing wellness services, reintegration and employment programs, and comprehensive counseling. Community arts is a practice of creating original art for, with, and by a specific community. The core idea of the Veterans' Community Arts Project is that artistic engagement and expression in a safe and collaborative group setting can provide a venue for emotional and affective processing that can complement the facility's counseling and advising services. Data collection includes quantitative post-workshop surveys and qualitative participant observation field notes and semi-directed interviews. Research results of this arts-based community development project are useful to participants, the community at large, and the facility. By completing this aggregate research, UNC-Asheville will solidify a bridge with the outside community as well as explore the process of collaborative study with rather than on participants.

Karpen Hall 112, Saturday, September 11, 1:00-2:40 p.m.

Western North Carolina Women: Community-Specific Solutions to Local Issues, Katie Sue Campbell,
University of North Carolina at Asheville

ABSTRACT: Asheville, North Carolina is rich in community agencies that are committed to uniting and empowering oppressed people and serve their needs through many approaches, including cultural events, referrals to area resources, youth programs, and child care. My research will explore women's issues in the greater Asheville area and will examine the effectiveness of specific community solutions through two organizations: the YWCA and Nuestro Centro. Research data will come from observation as an intern with both organizations, existing statistics, and interviews with both staff and community members. I anticipate that my research will find that in both cases these organizations create practical solutions to address current needs and adapt as needs change. I am interested in the difference in effectiveness of programs at each location, as the YWCA—whose mission is to eliminate racism and promote peace and unity—has a more integrated membership, and Nuestro Centro, which specifically serves the Latino community. A clear understanding of existing community programs and their effectiveness might provide a conception of how to better serve underrepresented communities.

Karpen Hall 035, Saturday, September 11, 9:10-10:50 a.m.

Women Talk Back to Mountaintop Removal: Four Recent Novels, Juleda Hyde, Union College

ABSTRACT: The working class Appalachian family is often but erroneously considered patriarchal. While it is true that the coal industry hired virtually only men, women fulfilled vital roles in an economy based on paternalism and thus came to have great political power in mining camps. That power, famously exemplified in Harlan County USA, informs several recent novels in which women take active roles, often in opposition to their passive male counterparts, to combat mountaintop removal. Thus Giardina's *Unquiet Earth*, House's *Parchment of Leaves and Coal Tattoo*, and Pancake's *Strange as This Weather Has Been* focus on women as militant stewards of the earth. In doing so, they follow in the considerable footsteps of Wilma Dykeman, whose *The French Broad* provides, as Elizabeth Engelhart has shown, a model for locale-based feminist eco-criticism.

Karpen Hall 112, Saturday, September 11, 1:00-2:40 p.m.

Participating ACA-UNCA Faculty Advisors

Bluefield College

Mickey Pellillo
Walter Shroyer

Ferrum College

Jasmine Goodnow
Bob Pohlad

Brevard College

Cameron Austin
Drew Baker
B. Barbara Boerner
Mike Oliphant
Eva Smith

Lenoir-Rhyne College

Paul Custer
Michael Funk Deckard

Lincoln Memorial University

Elissa Graff
Joanna Neilson
Wayne Wells

Lindsey Wilson College

David Goguen
Erin Wais-Hennen
Jessica Oney
Greg Phelps

Mars Hill College

Carol Boggess
JoAnn Croom
Laurie Pedersen
Joanna Pierce

Tennessee Wesleyan College

Carol Decker
Chris Dover
Lynne Gylani
Julie Jack
Kerry Towler
D. Grant Willhite

Union College

Melissa Garrett
Susan Isaacs
Jimmy Dean Smith
Karl Wallhausser

University of North Carolina Asheville

Ken Betsalel
Marcia Ghidina
Lise Kloeppe
Amy Lanou
Karin Peterson
Tracey Rizzo
Scott Walters
Alice Weldon
Kate Zubko

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